



# Start Your Day Off Right!

## Breakfast Bites

Regular Price ~ \$0.85    Reduced ~ \$0.25  
*Includes Milk, Fruit, or 100% Fruit Juice*

### Monday

Mini Maple Pancakes or Chocolate Chip Muffin

### Tuesday

Maple Waffle or  
Egg & Cheese on a Bagel

### Wednesday

Warm Apple Bites or  
Chocolate Chip Muffin.

### Thursday

Warm Cinnamon Roll or  
Egg & Cheese on a Bagel

### Friday

Warm Apple or Cherry Frudel

**We use the healthier  
whole grain versions  
of your breakfast  
favorites!**

If you receive Free or  
Reduced Lunch you are  
eligible for Free &  
Reduced Breakfast.

**We Encourage Every Student To Eat a Healthy Breakfast Every Day.**

### **Did you know?!?!**

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!

**New Items!**



Apple Bites



Choc. Chip Muffin



Cinnamon Roll