



Who's Ready For Lunch!?!

DAILY ALTERNATES:

Chex Cereal & Yogurt (GF)
(And Assort. Non-GF Cereals)
PB & J Sandwich (V)

We Use Whole Grain Products!

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.
Click here to view your lunch account:
www.schoolpaymentportal.com

Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk
Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.
You may take 2 Fruit & 2 Veggie Choices!

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

September
Elem. Lunch Menu
BASS RIVER
School District

Monday-September 2	Tuesday-September 3	Wednesday-September 4	Thursday-September 5	Friday-September 6
<p>NEW Meatless Monday</p> <p>LABOR Day</p>	<p>Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian</p> <p>!!Welcome Back!! We Can't Wait To See You For <u>Breakfast</u> & <u>Lunch</u></p>	<p>Wacky Wednesday! A School Favorite! The random category!</p> <p>*New Lower Breakfast Price* *Better Choices*</p>	<p>Chicken Lover's Thursday! Everything & Anything CHICKEN!</p> <p>Popcorn Chicken w/ a Dinner Roll Turkey & Cheese Hoagie <u>Sides:</u> Fries -Welcome Back Cookie Broc Bites w/ Hummus/Ranch</p>	<p>Pizza Lover's Friday! Cheesy Pizza By The Slice!</p> <p>Stuffed Crust or Plain Pizza By The Slice (V) Turkey & Cheese Hoagie <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Hummus/Dip</p>
<p>Monday-September 9</p> <p>Chicken Nuggets w/ a Dinner Roll Chicken Patty on a Bun Chicken Caesar Pasta Salad <u>Sides:</u> Tumblin' Tator Tots Cukes w/ Hummus/Ranch</p>	<p>Tuesday-September 10</p> <p>Pizza Crunchers Filled w/ Cheese & Sauce Hot Dog on a Bun Chicken Caesar Pasta Salad <u>Sides:</u> Super Sweet Corn Carrots w/ Hummus/Ranch</p>	<p>Wednesday-September 11</p> <p>Dutch Waffle Chicken Sausage Ham & Cheese Hoagie Chicken Caesar Pasta Salad <u>Sides:</u> Hash Brown Celery w/ Hummus/Ranch</p>	<p>Thursday-September 12</p> <p>Chicken Tenders w/ Side Of Pasta Grilled Cheese Sandwich Chicken Caesar Pasta Salad <u>Sides:</u> Rainbow Veggie Medley Broc Bites w/ Hummus/Ranch</p>	<p>Friday-September 13</p> <p>Stuffed Crust or Plain Pizza By The Slice (V) Turkey & Cheese Hoagie <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Hummus/Dip</p>
<p>Monday-September 16</p> <p>French Toast Sticks w/ Chicken Sausage Chicken Patty on a Bun Garden Salad w/ Egg <u>Sides:</u> Golden Corn Cukes w/ Hummus/Ranch</p>	<p>Tuesday-September 17</p> <p>Chicken & Waffles w/ Syrup Hot Dog on a Bun Garden Salad w/ Egg <u>Sides:</u> Steamed Broccoli Carrots w/ Hummus/Ranch</p>	<p>Wednesday-September 18</p> <p>National Cheeseburger Day!</p> <p>Cheese Burger On a Bun Ham & Cheese Hoagie Garden Salad w/ Egg <u>Sides:</u> French Fries Celery w/ Hummus/Ranch</p>	<p>Thursday-September 19</p> <p>Chicken Cheese Steak On a Torpedo Roll Grilled Cheese Sandwich Garden Salad w/ Egg <u>Sides:</u> Tomato & Cucumber Salad Broc Bites w/ Hummus/Ranch</p>	<p>Friday-September 20</p> <p>Stuffed Crust or Plain Pizza By The Slice (V) Turkey & Cheese Hoagie <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Hummus/Dip</p>
<p>Monday-September 23</p> <p>First Day of Fall!</p> <p>Mini Pancakes w/Chicken Sausage Chicken Patty on a Bun Chef Salad <u>Sides:</u> Carrots- Harvest Pudding Cukes w/ Hummus/Ranch</p>	<p>Tuesday-September 24</p> <p>Nachos Grande (GF) w/ Corn Chips & Toppings Hot Dog on a Bun Chef Salad <u>Sides:</u> Rainbow Veggie Medley Carrots w/ Hummus/Ranch</p>	<p>Wednesday-September 25</p> <p>Mac & Cheese Please w/ Soft Dinner Roll Ham & Cheese Hoagie Chef Salad <u>Sides:</u> Cooked Broccoli Celery w/ Hummus/Ranch</p>	<p>Thursday-September 26</p> <p>National Pancake Day!</p> <p>Pancakes w/ Chicken Sausage Grilled Cheese Sandwich Chef Salad <u>Sides:</u> Potato Smiles Broc Bites w/ Hummus/Ranch</p>	<p>Friday-September 27</p> <p>Stuffed Crust or Plain Pizza By The Slice (V) Turkey & Cheese Hoagie <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Hummus/Dip</p>
<p>Monday-September 30</p> <p>Grilled Cheese (V) Sandwich Chicken Patty on a Bun Chicken Caesar Pasta Salad <u>Sides:</u> Poppin' Peas & Carrots Cukes w/ Hummus/Ranch</p>		<p>Lunch Prices: Regular Lunch \$2.70 Reduced: \$0.40 Food Service Director: Michael Simoncini LEH@nsfm.com Phone: 609-296-1719 ext 2029 Look for snacks, nutrition & menu descriptions posted on the school website! *Menu subject to change. <u>Milk:</u> Skim White, Chocolate, Strawberry</p>		

This institution is an equal opportunity provider.